

# REPORT OF THE COUNCIL ON ETHICAL AND JUDICIAL AFFAIRS\*

CEJA Report 1-A-10

Subject: Financial Relationships with Industry in Continuing Medical Education

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Referred to: Reference Committee on Amendments to Constitution and Bylaws  
(Madelyn E. Butler, MD, Chair)

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1 The practice of medicine is inherently a moral activity, founded in a “covenant of trust” between  
2 patient and physician.<sup>1,2,3</sup> The respect and autonomy that medicine enjoys rest on the profession’s  
3 commitment to fidelity and service in the patient-physician relationship. To sustain that  
4 commitment, medicine must ensure that physicians acquire and maintain the knowledge, skills, and  
5 values that are central to the healing profession. In return, society grants medicine considerable  
6 authority to set the ethical and professional standards of practice and the autonomy to educate  
7 practitioners.<sup>4,5</sup>

8  
9 In recent decades, relationships between medicine and industry—by which we mean  
10 pharmaceutical, biotechnology, and medical device companies—have driven innovation in patient  
11 care, contributed to the economic well-being of the community, and provided significant resources,  
12 financial and otherwise, for professional education, to the ultimate benefit of patients and the  
13 public. In the end, however, the interests and obligations of medicine and industry diverge in  
14 important ways, rendering these relationships double edged. Where medicine’s overriding  
15 responsibility is to put the needs of patients first, commercial entities must serve their shareholders  
16 and other vested stakeholders even as they engage in efforts to improve health and health care.

17  
18 An increasingly urgent challenge for both medicine and industry is to devise ways to preserve  
19 strong, productive collaborations for the benefit of patients and the public at the same time they  
20 take clear, effective action to prevent relationships that damage public trust and tarnish the  
21 reputations of both parties. Medicine must address growing concern that financial ties to industry,  
22 in particular, carry ethical risks for the independence and integrity of professional education.

23  
24 Medicine-industry relationships occur in research, clinical care, and beyond, not just in education,  
25 of course. The Council also recognizes that pharmaceutical, biotechnology, and medical device  
26 companies are not the only entities—commercial or otherwise—with which financial relationships  
27 can raise concerns. Yet to attempt to address the range of ethical questions that can arise across all  
28 of these different domains and among all of the different stakeholders is too ambitious a goal for a  
29 single analysis. Thus this report focuses on issues raised by financial relationships with industry for  
30 continuing medical education (CME). This allows us to explore the complex considerations at  
31 stake in a manageable context and to provide practical ethical guidance on issues that increasingly  
32 challenge medicine as a profession. It can lay the foundation for future analyses that address  
33 similar concerns as they arise in other domains and among other stakeholders.

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\* Reports of the Council on Ethical and Judicial Affairs are assigned to the Reference Committee on Amendments to Constitution and Bylaws. They may be adopted, not adopted, or referred. A report may not be amended, except to clarify the meaning of the report and only with the concurrence of the Council.

1 LIFELONG LEARNING & MEDICINE’S DUTY TO EDUCATE

2  
3 *Publicly in his oath and privately in his encounter with the patient, the physician professes*  
4 *two things—to be competent to help and to help with the patient’s best interests in mind.*

5 — Edmund Pellegrino

6  
7 The special moral character of the interaction between patient and physician arises from the need—  
8 illness—that brings the patient into the relationship. Physicians are granted extraordinary privileges  
9 to intervene in patients’ lives, to impose harm in the service of healing, to gain access to sensitive  
10 information, and to engage in intimate contact with patients that would otherwise be prohibited.  
11 Educating current and future generations of physicians to fulfill the responsibilities that flow from  
12 the patient-physician relationship is the foundation of medicine’s status as a caring and competent  
13 profession. Therefore, medicine’s ethical duty to educate cannot be delegated to others.

14  
15 Individual physicians have an ethical obligation to dedicate themselves to “continue to study,  
16 apply, and advance scientific knowledge” and to “maintain a commitment to medical education.”<sup>6</sup>  
17 As professionals, practicing physicians are expected to commit themselves to lifelong learning and  
18 to maintain their clinical knowledge and skills through CME and other professional development  
19 activities.<sup>7</sup> That commitment is reflected not only in ethical expectations and standards, but also in  
20 requirements for licensure and specialty certification, as well as hospital credentialing.

21  
22 Given the wide array of diagnostic and therapeutic options available today, physicians and the  
23 patients who rely on them must be confident that treatment recommendations and clinical decisions  
24 are well informed and reflect up-to-date knowledge and practice. CME activities that are  
25 pedagogically sound, scientifically grounded, and clinically relevant are essential to ensure that  
26 physicians can provide the high quality of care their patients deserve. To achieve these goals,  
27 medicine has an ethical obligation to ensure that the profession itself sets the agenda and defines  
28 the goals of physician education; controls what subject matter is taught; determines physicians’  
29 educational needs; and takes steps to ensure the objectivity of educational content and of those who  
30 teach it.

31  
32 Despite the clear potential for benefit from strong working relationships with industry, there is  
33 concern that medicine’s reliance on industry support to CME providers, as well as individual  
34 financial ties between content developers or faculty and industry, undermines this independence  
35 and objectivity. The implications may extend well beyond continuing education—as one recent  
36 commentary noted, “[w]hat is at stake is nothing less than the privilege of autonomy in our  
37 interactions with patients, self-regulation, public esteem, and a rewarding and well-compensated  
38 career.”<sup>8</sup>

39  
40 CONTINUING MEDICAL EDUCATION

41  
42 Continuing medical education today takes place in a complex, dynamic environment that hosts a  
43 mix of “promotional,” “certified,” and other activities. As defined by the Food and Drug  
44 Administration (FDA), promotional activities are those developed by or on behalf of a commercial  
45 entity and under the substantive influence of that entity that are designed to market health care  
46 products or services. Promotional activities, which provide information on the therapeutic use of a  
47 product or service, are governed by the labeling and advertising provisions of the Food, Drug, and  
48 Cosmetic Act.<sup>9,10</sup> Promotional activities may constitute protected commercial speech. These  
49 industry-developed, FDA-regulated activities lie outside the scope of the present analysis and  
50 recommendations. Our immediate concern is with certified and other (nonpromotional) educational  
51 activities.

1 “Certified CME” refers to educational activities developed and implemented in compliance with  
2 the certification requirements of the American Medical Association Physician Recognition Award  
3 (PRA) CME Credit System, or the accrediting policies of the American Academy of Family  
4 Physicians or American Osteopathic Association.<sup>11</sup> Certified CME meets the requirements for  
5 Category 1 credit under AMA’s PRA program, including compliance with Accreditation Council  
6 for Continuing Medical Education (ACCME) standards and with relevant AMA ethics policy.<sup>12</sup>

7  
8 Beyond these formal categories lie activities designed to inform and educate practicing physicians  
9 that are neither certified CME nor “industry-developed, FDA-regulated activities.” These other  
10 activities may or may not be commercially supported, may or may not voluntarily adhere to AMA  
11 policy or ACCME Standards for Commercial Support<sup>SM</sup> despite not being formally certified or  
12 accredited, and may or may not be recognized by licensing bodies or credentialing boards as  
13 fulfilling local CME requirements.

#### 14 *Industry Support of CME Providers*

15  
16  
17 Over the past decade, medicine has come to rely significantly on commercial funding to support  
18 professional education across the learning continuum. With respect to CME, industry support now  
19 accounts for more than half of all income to CME providers accredited by ACCME. Between 1998  
20 and 2006, commercial support of providers accredited by ACCME increased by 300 percent to  
21 \$1.2 billion.<sup>13</sup> There is some evidence that the rate of growth in industry support of CME may be  
22 leveling off, or even declining slightly.<sup>14,15</sup>

23  
24 Commercial funding is not uniformly distributed across the community of diverse CME providers,  
25 which includes medical professional groups (such as state and local medical associations, as well as  
26 national specialty societies), hospitals, academic medical centers, and commercial providers (such  
27 as medical publishing/communication companies). In 2007 (the most recent year for which data are  
28 publicly available), medical schools, which accounted for 46 percent of all certified CME hours,  
29 received 20 percent of the overall total of commercial funding; publishing/education companies,  
30 which accounted for nine percent of overall certified CME hours, received 49 percent of all  
31 commercial funding.<sup>16</sup> Because ACCME has not yet established a uniform reporting protocol for  
32 nationally accredited providers, it is impossible to know with any real accuracy what proportion of  
33 CME providers’ annual budgets derive from commercial entities.

34  
35 Industry support for CME helps to meet the costs of programs and activities in the face of uncertain  
36 funding from other sources.<sup>17</sup> By helping to reduce costs to individual attendees industry support  
37 may make CME more accessible, especially for physicians in resource poor communities. Along  
38 with lower costs, by providing amenities that make participation attractive, industry support may  
39 encourage greater participation than would otherwise be the case, although there is no evidence  
40 either to support or to refute this hypothesis.<sup>18</sup> For some medical specialties that rely on high cost,  
41 sophisticated, rapidly evolving technology or devices, industry engagement in and support of CME  
42 may be essential. At the same time, however, there is growing concern within and outside medicine  
43 that industry funding can have undesired effects on CME.

44  
45 At present there is no clear evidence to settle the question whether such concerns are borne out  
46 empirically. Studies suggesting a link between industry-funded educational activities and  
47 prescribing practices predate the ACCME Standards for Commercial Support<sup>SM</sup>. Cervero and He  
48 concluded from their review of the relevant literature that “to date there is no empirical evidence to  
49 support or refute the hypothesis that CME activities are biased.”<sup>19</sup> They note that while there is  
50 ample evidence that CME affects physicians’ prescribing practices, no studies have looked

1 specifically at the impact of prescribing changes on patient outcomes and thus cannot answer the  
2 important question of whether observed changes in practice were or were not in patients' interest.  
3

4 However, there is evidence to suggest that industry support can influence the overall topics,  
5 speakers, and educational content of CME. Companies make educational grants consistent with  
6 their business strategies and therapeutic areas of interest,<sup>20,21</sup> which may tend to shift education  
7 toward benefiting funders and away from serving patient interests.<sup>22</sup> Industry-supported CME  
8 programs tend to address a narrower range of topics,<sup>23</sup> focus more on drug therapies,<sup>24</sup> and give  
9 more favorable treatment to company products<sup>25</sup> than do programs that are not funded by industry.  
10

11 The available data by no means demonstrate conclusively that commercial funding unduly biases  
12 continuing professional education. They do suggest, however, that in addition to its primary *ethical*  
13 commitments, medicine has reason to be concerned about possible unintended and undesirable  
14 effects of industry support and should take steps to address the potential for industry funding to  
15 undermine—or be perceived to undermine—the quality and credibility of CME.  
16

### 17 *Individual Relationships with Industry*

18

19 In addition to concerns about the effects of industry funding for CME providers, there are concerns  
20 about how financial ties with industry may affect the objectivity of individual physicians and others  
21 who develop content for or teach in CME activities. We must be clear: Our concern is not with  
22 egregious lapses of judgment or with corruption, but with the subtle bias that financial ties create.  
23 Research indicates that relationships in which benefits—financial compensation, gifts, favors, or  
24 other perceived benevolent gestures—are bestowed on one party by another introduce unconscious  
25 bias favoring the giver. This occurs independent of the magnitude of the perceived benefit and even  
26 when individuals are alert to the possibility of bias and strive to be objective.<sup>26,27,28</sup> Emerging  
27 neurobiological data confirm that such influence operates below the level of conscious awareness.<sup>29</sup>  
28 As Cervero and He note, the majority of physicians “may not be aware of how industry support of  
29 a CME activity may influence their clinical decisions.”<sup>30</sup>  
30

31 What has not been as clearly demonstrated is to what extent the amount of a financial interest may  
32 influence perception and judgment. Although clear evidence is lacking, most policies on conflict of  
33 interest at least tacitly assume that the greater the financial interest, the more problematic that  
34 interest is. Yet different institutions set the threshold of concern at significantly different amounts.  
35 For example, the University of Massachusetts–Worcester requires faculty members involved in  
36 nonclinical research to disclose financial interests in commercial entity of more than 5 percent  
37 equity or \$100,000, while faculty involved in clinical research must disclose all equity interests and  
38 nonequity interests over \$1,000.<sup>31</sup> Northwestern University, meanwhile, requires reporting of  
39 external income above \$10,000 a year.<sup>32</sup> Trying to define any specific threshold is essentially an  
40 arbitrary exercise.  
41

### 42 *New Trends in Institutional Policy*

43

44 As relationships between medicine and industry have come under greater public scrutiny in recent  
45 years, many academic medical centers, state and medical specialty societies, and health care  
46 organizations have moved toward policies that more vigorously address the potential for conflict of  
47 interest and bias with respect to physicians' interactions with industry. While many of these  
48 policies focus particularly on gifts, consulting arrangements, and other specific physician-industry  
49 relationships, several also address CME. For example, since September 2008 Stanford School of  
50 Medicine has prohibited direct commercial support for individual CME activities, requiring that  
51 (unrestricted) support from commercial funders be made to its Center for CME for broadly defined

1 areas of interest.<sup>33</sup> The University of Pittsburgh similarly requires that industry support of CME be  
2 negotiated through the university's Center for Continuing Education in the Health Sciences.<sup>34</sup>  
3

4 State medical societies have begun adopting similar policies with respect to industry support for  
5 their CME activities. The nonprofit Physicians' Institute for Excellence in Medicine, affiliated with  
6 the Medical Association of Georgia (MAG) serves as an intermediary between state CME  
7 providers and industry funders not only for the MAG, but for 11 other state medical societies as  
8 well.<sup>35</sup> The Wisconsin Medical Society's newly updated policy on conflict of interest maintains  
9 that a CME provider should not accept industry support directly, but should create a fund to which  
10 commercial supporters may make unrestricted donations, with funding subsequently dispersed to  
11 CME programs according to publicly disclosed policies adopted by the fund.<sup>36</sup>  
12

13 Medical specialty societies at the local and national level are also taking a new stance toward  
14 commercial supporters of their educational programming. Under policy adopted in 2006, the North  
15 American Spine Society (NASS) requires disclosure not only by speakers, faculty, and moderators  
16 in NASS educational activities, but also by audience members who offer comments or questions.  
17 NASS members are expected to encourage disclosure when they believe there has been a lapse and  
18 report ongoing failure to disclose. Members who fail to disclose their financial interests are subject  
19 to discipline through the organization's Professional Conduct and Ethics Committee.<sup>37</sup> In  
20 November 2007, the Oregon Academy of Family Physicians (OAFP) discontinued accepting  
21 industry support for OAFP-sponsored CME activities.<sup>38</sup> The Academy also seeks to evaluate  
22 industry's role in developing third-party programs it considers offering to its membership.  
23

#### 24 ENSURING THE INDEPENDENCE, OBJECTIVITY & INTEGRITY OF CME 25

26 Financial relationships inevitably create conditions that can give rise to conflict of interests. When  
27 they do arise, not all conflicts are equally problematic ethically; but even minor conflicts of interest  
28 can undermine confidence in the independence and objectivity of the individuals, organizations, or  
29 activities involved. In some cases, the *appearance* of conflict of interest can be as damaging as the  
30 existence of an actual conflict. There are three options to address such undesired consequences:  
31 avoid the possibility altogether by not permitting conditions that give rise to potential bias or  
32 influence; implement strategies to mitigate actual or perceived bias or influence; or both. Each  
33 option has ethical and practical advantages and disadvantages.  
34

#### 35 *Avoiding Conditions that Can Compromise the Integrity of CME* 36

37 The ethical aspiration should be to avoid the potential for bias or the chance that confidence in the  
38 integrity and independence of professional education could be diminished. In the context of CME,  
39 this would mean declining to accept or seek support for professional education activities from  
40 commercial funders who have significant financial interests in physicians' clinical decisions.  
41

42 Avoiding the potential for influence entirely has the virtue of ethical clarity and practical  
43 simplicity. Doing so would strongly underscore medicine's defining professional commitment to  
44 independence, objectivity, and fidelity to patients. Eliminating industry funding would have the  
45 further practical advantage of eliminating the administrative and resource costs that must otherwise  
46 be devoted to mitigating influence.<sup>39</sup> These costs may be particularly challenging for smaller CME  
47 providers, notably at the state and local level.<sup>40</sup>

48 In their roles as CME providers, content developers, and faculty, physicians should strive to avoid  
49 financial relationships with industry. In testimony to the U.S. Senate Special Committee on Aging,  
50 ACCME indicated that as of July 2009 some 20 percent of nationally accredited CME providers no  
51 longer accept commercial support.<sup>41</sup> The Institute of Medicine has called for development of a new

1 system of funding CME that is free of industry influence.<sup>42</sup> Medicine should cultivate alternative  
2 sources of support, should design and conduct educational activities so as to reduce costs, and  
3 should identify content developers and faculty members who do not have problematic ties with  
4 industry, to ensure independent, unbiased, high quality educational programming that best meets  
5 physicians' needs and is accessible and affordable for all practitioners.

6  
7 Yet it is not always feasible, or necessarily desirable, for professional education to disengage from  
8 industry completely. Thus we must also define conditions under which maintaining financial  
9 relationships with industry can be ethically justifiable. Such conditions involve implementing  
10 strategies to mitigate the potential for bias or influence when not accepting support from a  
11 commercial source would significantly undermine medicine's capacity to ensure that physicians  
12 have access to appropriate, high quality CME.

#### 13 14 *Mitigating Potential Influence That Cannot Be Avoided*

15  
16 While there should be a strong presumption that as CME providers, content developers, and faculty  
17 members physicians should not have concurrent financial ties to industry, it is important to  
18 recognize that not all relationships with industry are equally problematic. A relationship that is only  
19 indirectly related to an educational activity, modest in scope, or distant in time is not likely to  
20 adversely affect—or be perceived to affect—the activity in question. For example, having once  
21 conducted sponsored research or accepted a modest honorarium for speaking on behalf of a  
22 company would not necessarily create such clear potential for bias as to preclude an individual with  
23 the appropriate expertise developing content or serving as a faculty member for a given CME  
24 activity.<sup>43</sup>

25  
26 Financial relationships that are direct or substantial, however, have significant potential to  
27 undermine confidence in, if not the actual independence and objectivity of educational activities.  
28 Examples of direct and/or substantial financial interests include ownership or equity interest in the  
29 industry funder, royalties, ongoing compensated relationships (e.g., consulting arrangements or  
30 service on scientific advisory bodies or speakers bureaus),<sup>44</sup> or relationships that involve fiduciary  
31 responsibilities on behalf of the funder (such as service on a corporate board of directors) or  
32 decision-making authority in financial matters.<sup>45</sup> When participation in CME by individuals or  
33 organizations that have direct, substantial financial ties with an industry funder cannot reasonably  
34 be avoided, ethically strong practice requires that strategies be implemented to mitigate the  
35 possible influence of such ties on educational activities.

36  
37 Transparency is essential in mitigating the potential of financial relationships to create bias (or the  
38 appearance of bias). As the ACCME Standards for Commercial Support<sup>SM</sup> recognize, disclosing  
39 the existence of a financial relationship is a necessary first step,<sup>46</sup> but it is not sufficient and may  
40 even have perverse effects. Disclosure places the burden on those to whom it is made—in our  
41 context, it requires learners themselves to determine how skeptical they should be about the  
42 objectivity of an educational activity.<sup>47</sup> To the extent that disclosure fosters the impression that the  
43 presenter is particularly honest and trustworthy, it can encourage false confidence in the objectivity  
44 of the activity.<sup>48</sup> To the extent that the presenter believes disclosing a financial relationship is  
45 adequate to mitigate its potential influence, the individual may not strive as hard to ensure  
46 objectivity.<sup>49</sup> Disclosure plays an important role in mitigating the potential influence of financial  
47 relationships, one whose value may be enhanced when both the existence and the magnitude of a  
48 financial relationship is disclosed,<sup>50</sup> but it cannot be the only strategy relied on.

49  
50 Creating a “firewall” between industry funders and decisions about educational goals, content,  
51 faculty, pedagogical methods and materials, and other substantive dimensions of CME activities is

1 also an important strategy for mitigating the influence of financial relationships. Both ACCME and  
2 the Inspector General of the Department of Health and Human Services have recommended clearly  
3 separating decisions about funding from substantive decisions about CME activities. ACCME  
4 standards require that a CME provider ensure the independence of key decisions, although the  
5 standards do not provide specific guidance about how to do so.<sup>51</sup> (HHS guidance for industry  
6 requires that manufacturers clearly separate their sales and marketing functions from their grant-  
7 making functions.<sup>52</sup>) Emerging strategies to create strong firewalls include pooling monies from  
8 multiple commercial sources and disbursing support to individual activities through a “blind trust”  
9 model. In such models, funders have no knowledge of which programs their grants or gifts  
10 supported,<sup>53</sup> nor are CME providers, content developers, or faculty aware of which funder  
11 supported their activities. Where it is not feasible to create a blind trust to manage industry support,  
12 one strategy to help protect the independence and integrity of CME would be to have activities  
13 routinely supported by multiple, competing funders.

14  
15 Another way to mitigate the influence of financial relationships when they cannot be eliminated is  
16 to change the terms of those relationships. A CME provider, for example, could set an upper limit  
17 on how great a proportion of its income derives from industry support to avoid becoming overly  
18 reliant on commercial funding. Among individuals who develop content for or teach in CME  
19 activities, strategies must be tailored to the nature and magnitude of their varying individual  
20 relationships. For example, physicians participating as content developers or faculty in a CME  
21 activity could be required to desist from speaking on behalf of the activity's industry supporter for a  
22 defined period before and after the activity. Similarly, an individual could forgo royalties or other  
23 compensation from the company for a defined interval following his or her participation (whether  
24 as content developer or faculty) in an industry-funded CME activity. It will be important, of course,  
25 that in seeking to change the terms of problematic relationships decisions be made fairly and  
26 consistently across individual cases.

### 27 *Exceptional Cases*

28  
29  
30 Sometimes a financial interest cannot be avoided and is extraordinarily difficult or even impossible  
31 to mitigate. In most cases, participation in CME by providers, content developers, or faculty  
32 members who have direct, and unavoidable financial interests would not be ethically acceptable.  
33 However, in certain compelling circumstances, it may be justifiable to allow such participation—  
34 for example, when an individual who has a significant financial interest to participate in a CME  
35 activity has unique expertise. In the earliest stage of adoption of a new medical device, technique,  
36 or technology, the only individuals truly qualified to train physicians in its use are often those who  
37 developed the innovation. Yet these are the very individuals who often have the most substantial  
38 and direct interests at stake, whether through employment, ongoing relationships with  
39 manufacturers, or other direct financial interests in the adoption and dissemination of the new  
40 device, technique, or technology.

41  
42 Similarly, some essential educational activities may not be feasible without financial or in-kind  
43 support from industry—for example, the provision of cadavers or high-cost, sophisticated  
44 equipment to train physicians in new surgical procedures or the use of new technologies. Such  
45 support may be vital to the professional community, but, like individual financial ties, also creates  
46 potential for bias.

47  
48 Criteria for determining when it is ethically justifiable to permit participation by someone who has  
49 a direct, substantial, unavoidable, and irreducible financial interest in a CME activity might include  
50 a variety of considerations. For example, that the dissemination of the device, technique or  
51 technology will be of significant benefit to patients and to the public and the professional

1 community; that the individual is uniquely qualified as an expert in the relevant body of knowledge  
2 or skills; that disclosure includes the nature and magnitude of the specific financial interest at stake;  
3 that there is demonstrated, compelling need for the specific CME activity; and that all feasible  
4 steps are taken to mitigate influence.<sup>54</sup> Comparable criteria might apply when an educational  
5 activity cannot reasonably be carried out without financial or in-kind support from sources that  
6 have a direct financial interest in physicians' clinical recommendations.

### 7 8 *Understanding Key Ethical Criteria*

9  
10 Current guidelines for CME do not distinguish among financial relationships based on their  
11 different potential to undermine the independence and objectivity of educational activities. Nor do  
12 they provide specific guidance for how to manage potential conflicts of interest when such  
13 conflicts are disclosed. At present there are no specific, publicly agreed on understandings of key  
14 criteria proposed above: "substantial interest," "significant benefit," "uniquely qualified," or  
15 "compelling need." Attempting to provide specific, concrete delineations of these criteria would be  
16 an essentially arbitrary exercise—what is a "substantial" interest for one practitioner may not be for  
17 another. Inevitably, these criteria must be interpreted case by case, based on knowledge of the  
18 particular circumstances and on the exercise of judgment. In other contexts, physicians routinely  
19 make similar judgments under conditions of uncertainty.

20  
21 Judgments about some criteria, such as "significant benefit," will be reasonably familiar; others are  
22 more challenging. While we cannot offer precise definitions, it is possible to suggest considerations  
23 that might come into play. For example, current standards require CME providers to design  
24 activities to address demonstrated educational needs,<sup>55,56</sup> a "compelling need" for a particular  
25 educational activity may be present when a new therapy becomes available to treat a disease that is  
26 prevalent in the local community for which there is otherwise no satisfactory treatment.

27  
28 Similarly, an individual might be considered "uniquely qualified" when he or she is the only expert  
29 (or one of only a very few) who has significant knowledge about or experience in treating a rare  
30 disease or who was involved in the early development or testing of a new treatment, device, or  
31 technology. To some extent, the need to rely on conflicted expertise may be dictated by local  
32 conditions—CME providers in small or rural communities, for example, may not always be able to  
33 obtain the services of experts who do not have problematic ties to industry. In any event, it will no  
34 longer be appropriate to speak of an expert being "uniquely qualified" when a substantial body of  
35 peer-reviewed evidence has evolved in a given subject area, or when a cohort of individuals who  
36 do not have direct, substantial, unavoidable, and irreducible financial interests have become  
37 experienced in using a new medication, device, or technology and are available to teach others.

38  
39 CME providers should be transparent about what considerations led them to decide to permit an  
40 individual with a problematic financial interest to participate as a content developer or faculty  
41 member in a particular CME program or activity. The goal is to ensure that decisions are made  
42 objectively and are justifiable based on considerations the CME provider believes will be  
43 persuasive to the professional community at large. As the community gains experience in working  
44 with these criteria it is to be expected that consensus will coalesce around core interpretations. As  
45 Harvard Medical School notes in its conflict of interest policy:

46  
47 These classifications are not intended to serve as a rigid or comprehensive code of conduct or  
48 to define "black letter" rules with respect to conflict of interest. It is expected that the  
49 guidelines will be applied in accordance with the spirit of the mission of Harvard Medical  
50 School in education, research and patient care. By this process, it is expected that a common  
51 institutional experience in the application of these guidelines will gradually evolve.<sup>57</sup>

## 1 RECOMMENDATION

2  
3 The Council on Ethical and Judicial Affairs recommends that the following be adopted and the  
4 remainder of this report be filed:

5  
6 The respect and autonomy that medicine enjoys rest on the profession's commitment to fidelity  
7 and service in the patient-physician relationship. To sustain that commitment, medicine must  
8 ensure that physicians acquire and maintain the knowledge, skills, and values central to the  
9 healing profession. This includes an obligation to ensure that the profession itself defines the  
10 goals of physician education, determines physicians' educational needs, and thus sets the  
11 agenda for continuing medical education (CME).

12  
13 Financial and/or in-kind support of CME from sources that have a direct financial interest in  
14 physicians' recommendations puts the profession's ethical obligations at risk. It creates  
15 conditions in which financial interests could influence the availability and/or content of  
16 education. Similarly, current, recent (within the preceding 12 months), or anticipated (e.g.,  
17 royalties or ownership interest) financial relationships between such firms and individuals who  
18 develop content for or teach in CME create conditions in which CME content may be  
19 influenced inappropriately.

20  
21 When possible, CME should be provided without funding or in-kind support from sources that  
22 have a direct financial interest in physicians' clinical recommendations, and individuals who  
23 develop content for or teach in CME should have no current, recent, or anticipated direct  
24 financial interest in the educational subject matter, since avoiding such arrangements  
25 strengthens the confidence that physicians acquire and maintain knowledge, skills, and values  
26 that are independently judged important by the profession.

27  
28 In some circumstances, however, access to appropriate, high quality, independent CME may be  
29 seriously impaired if support from industry is refused. For example, when expensive equipment  
30 is needed, accepting funds or in-kind support from multiple, competing firms might result in  
31 more independence than refusing such support. When such support is needed, physicians who  
32 organize CME, teach in CME, or have other roles in continuing physician education should  
33 adhere to the guidelines below to protect the interests of patients and promote the integrity and  
34 independence of education. Physicians attending CME should expect compliance with these  
35 guidelines:

- 36  
37 1. When funding or in-kind support is provided by sources with a direct financial interest  
38 in physicians' recommendations:
- 39 a. the educational activity has been planned by the provider based on needs identified  
40 independent of and prior to solicitation or acceptance of the support; and
  - 41 b. the CME provider can articulate a compelling reason(s) to accept such support for  
42 the educational activity or activities; and
  - 43 c. the CME provider declines any support that is conditioned on the provider's  
44 acceptance of advice or services concerning educational content, faculty, content  
45 developers, or other educational matters; and
  - 46 d. the source and magnitude of the funding or in-kind support are clearly disclosed;  
47 and
  - 48
  - 49
  - 50
  - 51

- 1 e. the CME provider mitigates the potential for influence, for example, through the use  
2 of firewalls, blind trusts, having multiple rather than single sources of support, or  
3 other mechanisms; and  
4
- 5 f. the CME provider routinely audits the level of industry support it receives to ensure  
6 that it maintains the independence and integrity of its educational mission and  
7 programs.  
8
- 9 2. When participation as a content developer or faculty member by an individual who has  
10 a *modest* financial relationship with the commercial supporter is necessary to ensure  
11 that physicians have access to appropriate, high quality professional education:  
12
  - 13 a. the existence and magnitude of any financial interests are clearly disclosed; and  
14
  - 15 b. steps are taken to eliminate or mitigate the potential influence of those interests.  
16
- 17 3. When participation as a content developer or faculty member by an individual who has  
18 a *direct, substantial, and unavoidable* financial interest in the educational subject matter  
19 (e.g., as the inventor of a new device) is required because the individual is a uniquely  
20 qualified expert:  
21
  - 22 a. there is a demonstrated, compelling need for the specific CME activity in the  
23 professional community that cannot otherwise be met; and  
24
  - 25 b. the CME provider is able to justify its determination that the individual is uniquely  
26 qualified; and  
27
  - 28 c. steps are taken to mitigate the potential influence of the unavoidable financial  
29 interest (e.g., using independent review of content); and  
30
  - 31 d. the nature and magnitude of the individual's specific financial interest in the subject  
32 matter are clearly disclosed; and  
33
  - 34 e. the activity contributes overall to the timely development of a pool of qualified,  
35 independent experts in the relevant field.  
36
- 37 4. Continuing medical education that is offered for credit has adhered to all applicable  
38 professional standards for accreditation.  
39

40 (New HOD/CEJA Policy)

Fiscal Note: Staff cost estimated at less than \$500 to implement.

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